

# 10 WAYS TO BE A GREAT CITIZEN OF *Kindland*<sup>TM</sup>

- 1 Say “**Good Morning**” or “**Have a Great Day!**” to those around you
- 2 Invite **someone new** to eat lunch with you
- 3 **Call a relative** who you haven’t talked to in a while
- 4 Spread **positivity** and **humor** through social media
- 5 **Donate** your spare cans of food to a local soup kitchen
- 6 **Pay for the order** of the person behind you at the drive-thru
- 7 **Say something positive** about someone
- 8 Bring a coffee or treat to **someone who’s down**
- 9 **Share a compliment** to someone
- 10 **Volunteer your time** to a local organization or friend

Pledge today to become a Citizen of Kindland at [kindland.us](https://www.kindland.us).



@justbekindusa #kindland