

FEBRUARY 6, 2025

KICKOFF FOR KINDNESS

A NATIONWIDE SCHOOL KINDNESS PRESENTATION



Class Guide: Grades 5-8

During Kickoff for Kindness, you'll meet some amazing people and hear their kindness stories. Here are some things to think about:

What are some acts of kindness that you can start doing today?

Which story was most inspiring to you and why?

IF LIFE IS A GAME, WHAT ARE THE RULES TO LIVE BY:

“RULES OF THE GAME”

Rule #1: _____

Rule #2: _____

Rule #3: _____

Rule #4: _____

Rule #5: _____

Classroom Discussion Questions



Start a conversation using the following questions:

Why is kindness important?

Doing the right thing is not always the easy thing. What are some things that get in the way of you being your kindest self?



Kickoff for Kindness Crossword Puzzle



Down

1. Fair and generous behavior in sports.
2. The ability to face fear or difficulty.
4. A meeting where the football team discusses their next play.
6. Strong enthusiasm for something or someone.
7. Working together to achieve a common goal.
9. Showing regard for the wishes or feelings of others.

Across

2. The qualities that make someone who they are.
3. Scoring play in football.
5. Football player who leads the offense and throws passes.
8. A football play where a defender catches a pass meant for an opponent.
10. Feeling sympathy for others and wanting to help.
11. The character trait of doing the right thing, even when no one is watching.

Crossword answer key: Across: character, touchdown, quarterback, interception, compassion, integrity; Down: sportmanship, courage, huddle, passion, teamwork, respect