

LESSON ONE



Bringing Be Kind® STICK TOGETHER® to Your School or Organization:

Important Steps to a Successful Program

1. Review the Program Summary, Program Outline and these Important Steps to a Successful Program.

NOTE: A detailed program guide is included in an email with step-by-step facilitator instructions for each program element.

2. Decide you want to present Be Kind STICK TOGETHER to your children in your school or organization.

3. To what classes, group or grade levels will you present the program?

This program is available for any age group you see fit. Note that the program can be presented in small groups or assembly style. Whatever works easiest.

4. How many participants will you involve?

We recommend presenting the program to approx. 50-75 students or participants in a 45-50 minute session. Please take into account if you need to do multiple sessions to present the program to all of your targeted participants or to accommodate your schedule. It can be done with more students, you'll just need to allow more time.

5. Decide who will present the program - (teacher, principal, coach, counselor, high school

students, etc.) We recommend having one (1) lead facilitator and one (1) co-facilitator for optimal implementation as well as other teachers or volunteers for passing out handouts and managing the Duck Tape® banner activity.

6. In what room/area will you deliver the program?

As mentioned above, the program can be presented directly in the individual classroom, small meeting space, or assembly-style with a larger group. *You will need:

- Tables and chairs, or desks, to seat participants with enough space to write
- Wall space to hang the Duck Tape® banner (72 in x 72 in)
- The ability to show a video with sound. The video is played through a web link, so internet access is needed. Be sure you have the ability to project the video from a computer or laptop onto a screen everyone can see. If you do not have internet access to play the video, you also have the option to download the video as a file to play from your personal device.

Suggested areas: a large classroom, cafeteria, a small gymnasium (provided tables and chairs are available)

Notes: Allow space to hang the banner at the appropriate height and have enough room for the participants to get up and put their tape on the banner. Additionally, you will need 1-2 work tables for the Duck Tape® activity (for participants to come up and sign their name to a piece of tape before putting it on the banner). Please take into account the size of the room you choose and whether or not you will need microphones and a sound system.

7. Necessary Materials & Set Up

All program handouts and facilitator guides are emailed to you. *Your school must have the ability to print the number of copies needed for the students participating in the program (a one-page handout per student participant).*

Once you register as a program participant, your school will be mailed a package with the banner and the appropriate amount of Duck Tape® for the number of students you plan to participate. *(Note: This does not apply to USASF program participants. See specific details for USASF participants upon registration.)*

Regardless of how many sessions or children you have participating, each school or organization will only be provided one banner. One banner is plenty of space to adhere up to 500 pieces of tape. The goal is to have all participants pledging to stick together on the same banner so that can be displayed in your building for the remainder of the year.

Materials the school or organization needs to provide:

- Print “personal commitment” handout for each participant
- Pencils for personal commitment writing activity
- Any AV equipment to accommodate video and sound; internet access
- Tables and chairs
- Ability for facilitators to record student “Kindness is” responses – chalkboard, posterboard, powerpoint, etc.

(Note: This does not apply to USASF program participants. See specific details for USASF participants upon registration and receipt of program guide.)

8. Be available to fill out an online survey after the program is completed.

After your program is completed, we will email you a survey link for you to share with all program leaders (facilitators and adults). Child participants DO NOT take the survey. Adults ONLY. Your thoughts and feedback are appreciated. Please complete this survey within a week after your program is completed.

9. Assign someone the job of taking photos or video.

After your program is complete, send photos and video to amanda@projectlove.org.

Any Questions? If you have any questions before presenting Be Kind STICK TOGETHER to your school or organization, please contact Amanda at 440.463.6205. We would be more than happy to answer any questions. Thank you!