

Program Outline

Be kind[®]
Stick Together[®]
— Against Bullying —



MICHAEL GIBBONS



Important NOTES:

- One program session takes 45-50 minutes
- You may want to consider doing more than one session to accommodate more participants and/or your schedule.
- After the program is complete, you will be asked to fill out a post survey and send a photo taken from the program. We appreciate your participation. That's all we ask!

Below is the program outline. Once you register, you will be emailed a more detailed program outline with facilitator instructions for each of the below program elements and will be notified separately when all necessary physical materials have shipped.

General Program Outline:

- 1) **Introductions & Welcome**
- 2) **Video Presentation:** Example of how a Kindness Chain works
- 3) **Visioning Exercise:** What do you want your school or program to be like?
- 4) **Large Group Discussion: Stick Together[®]:** What does this mean?
- 5) **Duck Tape[®] Pledge and Banner Activity**
- 6) **Writing Activity:** Personal Commitments
- 7) **Closing**

For questions, please contact Amanda at Project Love,
440.463.6205.

