

FEBRUARY 6, 2025  
**KICKOFF FOR KINDNESS**  
A NATIONWIDE SCHOOL KINDNESS PRESENTATION



**Kindland**  
JUST BE KIND™



## CLASS GUIDE: GRADES 9-12

*During Kickoff for Kindness, you'll meet some incredible people and hear their stories of kindness. Here are some questions you can ask yourself as you watch or after you watch the video:*

**What are some examples of kindness you see every day at home and at school?**

**How do the kind acts of others impact your life?**

**How will kindness be important in your future? For the rest of high school? After school? In the workforce?**

### **“Heart of a Hall of Famer” Program**



Presented by the Pro Football Hall of Fame, the “Heart of a Hall of Famer” program is another a FREE educational resource that gives students a chance to learn directly from legendary Pro Football Hall of Famers about what it takes to succeed—both on and off the field.

This program highlights the Hall of Fame Values:

**Commitment**  
**Courage**  
**Honesty**  
**Integrity**  
**Respect**

Scan the QR below code for more:

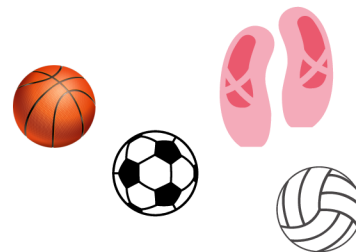
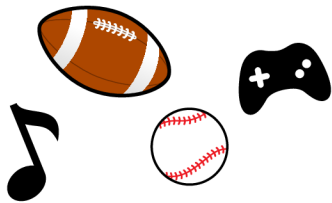


or search:  
‘Heart of a Hall of Famer’

**Watch these videos to discover how these legendary athletes used values like teamwork, perseverance, and leadership to achieve greatness!**

IF LIFE IS A GAME, WHAT ARE THE RULES TO LIVE BY:

# “RULES OF THE GAME”



Rule #1:

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Rule #2:

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Rule #3:

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Rule #4:

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Rule #5:

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## Classroom Discussion Questions



How can performing acts of kindness impact the culture and climate of your high school?

What values, acts of kindness, or character traits did you see in the video that you would like to emulate in your school or community?